



TrackStars™

Rules & Regulations 2026

TrackStars™ is a progressive scheme aiming to promote teamwork and encourage people to have fun whilst earning Titles and/or Awards with their dog. As such, the levels are designed to develop skills and build confidence as a team with each advancement. TrackStars™ can be a great way to build confidence and strengthen your bond by working together and allowing your dog to lead the way. Please help us keep TrackStars™ a positive experience for everyone; be kind, be supportive, and have fun with your dog.

1.0 General Rules

2.0 TITLES

2.1 Level One (TS1)

2.2 Level Two (TS2)

2.3 Level Three (TS3)

3.0 AWARDS

3.1 Urban Tracker Award

3.2 All Terrain Award

3.3 All Weather Award

3.4 Water Award

3.5 Cross Track Award

3.6 Scent Article Award

3.7 1KM Award

3.8 2KM Award

3.9 3KM Award

APPENDIX A: Glossary of Terms

APPENDIX B: Video Submission Criteria

APPENDIX C: Water Depth for Water Award

1.0 General Rules

1. TrackStars™ is a combination of tracking and trailing skills, so dogs are expected to utilise both ground scenting and air scenting when working. As such, small deviations from the laid track may be expected when working.
2. All track lengths are for **laid tracks**, not as worked by the dog.
3. When there is significant deviation from the laid track, the Assessor may choose to withhold a final decision on whether the track should be considered a Qualifying assessment, taking into account weather conditions, track age, and terrain, until they have sought a second opinion from another Assessor.
4. The Team (one specified handler and one dog) should work together to follow the laid track, with the dog working ahead of the handler as much as possible.
 - a. The same handler should work the same dog for all Qualifying assessments.
5. All articles must be found for a Qualifying assessment.
6. Dogs are required to indicate every placed article on the laid track:
 - a. An indication is considered a distinct, visible behaviour change that alerts the handler to the presence of an article. This may be a passive indication such as down with the article between the front paws, a stare and freeze, a stare and await handler, or an active indication such as picking up the article.
 - b. There is no expected set behaviour, and teams should not be penalised providing the indication is clear and safe.
7. The safety, welfare, and wellbeing of the team should be a priority at all times. Handlers, helpers, TrackStars™ Instructors, Scent & Track UK Assessors, Tracklayers, and any spectators **must** bear this in mind throughout training and assessment.
8. Tracks for assessment must be completed with the dog wearing a close-fitting harness, with long-line attached to the back of the harness. If there is a valid medical or behavioural reason that a harness cannot be worn, this must be discussed with the TrackStars™ Instructor prior to starting training.
9. TrackStars™ sessions may be held at a private venue or in a public space. Dogs must be under control at all times.
10. Laid tracks must not go through livestock, crops, or horses. If livestock or horses are moved on to a laid track prior to the laid track being worked by a Team, the track must be aborted and re-laid elsewhere.
11. Laid tracks must not be laid on private land without express permission from the landowner.
12. Use of food:
 - a. Handlers, helpers, and/or Instructors may carry food on their person to be used as a reward.
 - b. Tracks laid for assessment of any title/Award must not have food placed directly on to the laid track or on to the article.

2.0 TITLES

1. Three (3) individual tracks at each level must be assessed as Qualifying to achieve the relevant title and certificate. Non-Qualifying tracks do not count toward achieving the relevant title and certificate.
2. Titles and certificates must be attempted in order. Successfully working a track for a higher level will only count as a Qualifying track for the lowest title the Team is working toward.
3. Attempting Titles and certificates is *optional* for each Team participating in the TrackStars™ training scheme.
4. Titles and certificates may be earned within the TrackStars™ scheme alongside or separate from Awards.
5. Achieving a Title allows the Title to be displayed alongside the dog's name on Certificates and recognition in the format "[DogName] [Title]". ie. "Jenga TS3".

2.1 Level One (TS1)

To achieve Level One and the TS1 title, the Team must complete 3 separate tracks of 250m each.

1. All 3 tracks must:
 - be 250m laid track
 - be a minimum 90% Single Terrain (grass)
 - be 30-45min old prior to beginning the track
 - include 2 turns
 - include 2 articles; 1 placed on a turn, 1 at the end of the track.
2. One track may be an owner scent track.
3. Two tracks must be Blind to handler on a Different Scent.
4. Two tracks may be completed by video submissions (see Appendix B), and at least one track must be done in-person with a TrackStars™ Instructor.
5. Tracks done in person must be Blind and Different Scent. Some assistance is allowed from the TrackStars™ Instructor, Scent & Track UK Assessors, and/or Tracklayer, but time should be given for the Team to work out the track for themselves.
6. A start point and start direction will be given at the beginning of each Blind track.
7. Articles must be fabric and no bigger than 10cm x 5cm x 3cm.

2.2 Level Two (TS2)

To achieve Level Two and the TS2 title, the Team must complete 3 separate tracks of 500m each.

1. All 3 tracks must:
 - be 500m laid track
 - include two Terrain changes, which may include returning to original terrain, or using three different terrains. Terrains may include short grass, tall grass, mud, woodland, tarmac, sand, dry dirt, gravel, moorland, water, or concrete.

- be 60min old prior to beginning the track
 - include 3 turns
 - include 3 articles; 2 articles prior to the final turn but at least 100m apart, 1 at the end of the track
 - be Blind to dog and handler
 - each be on a Different Non-Household Scent
2. Tracks done in person may allow some minimal assistance from the TrackStars™ Instructor, Scent & Track UK Assessors, and/or Tracklayer, but must not guide or indicate the articles. There will be no pre-emptive guidance.
 3. Articles must be fabric and no bigger than 10cm x 5cm x 3cm.

2.3 Level Three (TS3)

To achieve Level Three and the TS3 title, the Team must complete 3 separate tracks, 2 of which must be 700m.

1. 2 tracks must:
 - be a 700m laid track
 - include at least 3 Terrain changes; terrains may include short grass, tall grass, mud, woodland, tarmac, sand, dry dirt, gravel, moorland, water, or concrete.
 - be 120min old prior to beginning the track
 - include at least 3 turns
 - include 2 articles; 1 article at least 200m prior to the end of the track, 1 at the end of the track.
 - include 1 Physical Boundary Crossing
 - Blind to dog and handler
 - each be on a Different Non-Household Scent
 2. At least 1x 700m track must be done in person with a TrackStars™ Instructor or Scent & Track UK Assessor.
 3. Tracks done in person may allow some minimal assistance from the Scent & Track UK Assessors and/or Tracklayer, but must not guide or indicate the articles. There will be no pre-emptive guidance.
 4. Articles should be no bigger than 10cm x 3cm x 0.5cm and must be leather, metal, or plastic. The Scent & Track UK Assessor will choose the articles when the track is done in person.
1. 1 track must:
 - be a 350m laid track
 - Double Blind
 - include at least 1 Terrain change
 - include at least 1 turn
 - include 1 article at the end of the track

- be 45mins old prior to beginning the track
 - be a **Different Non-Household Scent**
 - must be done in person with a TrackStars™ Instructor or Scent & Track UK Assessor
2. The article description and start direction will be given to the handler at the beginning of the track. No further assistance will be given.
 3. Articles will be no larger than 8cm x 8cm x 5cm, and must be leather, metal, plastic, or fabric. The TrackStars™ Instructor or Scent & Track UK Assessor will choose the article(s).

3.0 AWARDS

1. Awards may be earned within the TrackStars™ scheme alongside or separate from Titles.
2. Awards are standalone and optional.
3. For all Awards, only a start point and direction should be given as guidance on the laid track.
4. All articles should be no larger than 8cm x 8cm x 2cm.
5. Each Award has individual qualifying criteria. Providing all criteria are met, a single worked track may count for up to 2 Awards.
6. Worked tracks for Awards may not count toward levels and titling.

3.1 Urban Tracker Award

The qualifying Team must successfully complete 3 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 600m (laid track)
 - include 2 articles, placed at minimum 250m apart, with one at the end of the track
 - include a minimum of 3 turns
 - Be 45min old prior to beginning the track
 - Be laid in an urban environment (housing or industrial landscape) on a hard surface (asphalt/tarmac, concrete, paving) for the majority of the laid track. Up to 100m may be on an alternative surface to account for crossings etc within the environment
 - Be Blind to dog and handler
2. At least one track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor on a Different Non-Household Scent.
3. Teams, Helpers, and Tracklayers **must** consider the safety of the Team at all times, particularly when working in the vicinity of potential vehicular movement. Helpers/Tracklayers should assist as spotters if working near traffic, and the Team is expected to work under safe control.

3.2 All Terrain Award

The qualifying Team must successfully complete 5 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 600m (laid track)
 - include 2 articles, placed at minimum 250m apart, with one at the end of the track
 - include a minimum of 3 turns
 - be 60min old prior to beginning the track
 - be laid and worked in a distinct, different terrain environment which should not be repeated for subsequent qualifying tracks. Different terrains may include urban, moorland, natural woodland, planted forest, sand, turf, or significantly frozen ground
 - be Blind to dog and handler

2. Effort should be made to ensure each laid track is in a distinctly different terrain environment. If the handler believes a terrain is sufficiently different to a **previously assessed** track but may not visibly appear so on a video submission, a description and reasoning may be submitted prior to tracking so that Scent and Track UK can confirm whether it will meet criteria.
3. At least one track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor on a Different Non-Household Scent.

3.3 All Weather Award

The qualifying Team must successfully complete 6 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 600m (laid track) excepting Snow conditions and Warm & Dry conditions, which may be **minimum** 350m
 - include 2 articles, placed at minimum 250m apart, with one at the end of the track
 - include a minimum of 3 turns
 - be 60min old prior to beginning the track, excepting Snow conditions or Warm & Dry conditions, which may be 45mins old prior to beginning the track
 - be laid and worked in one of the following weather conditions which should not be repeated for subsequent qualifying tracks:
 - Overcast & Dry (no rain)
 - Cold & Dry (1-10°C, no rain)
 - Rain
 - Warm & Dry (18°C +, no rain)
 - Snow (minimum 2cm snow settled on the ground; snow may be actively falling but is not required)
 - Wind (minimum 20mph or 8.9m/s, up to maximum 30mph or 13.4m/s)
 - Fog (visibility less than 100m)
 - be Blind to dog and handler
2. All tracks for the All Weather Award may be done via video submission, but optionally can be completed with a TrackStars™ Instructor or Scent and Track UK Assessor providing this is declared beforehand.
3. Teams, Helpers, and Tracklayers **must** consider the safety of the Team at all times. Dogs do not regulate body temperature well, especially when working, and sufficient care must be taken to ensure their wellbeing throughout. This may include boots to protect paws from hot or ice/cold surfaces, or coats in cold or wet weather.

3.4 Water Award

The qualifying Team must successfully complete 3 individual tracks to earn this Award.

The test of Skill with the Water Award is to have a Team pick up a scent after a disturbance by a natural obstacle. At no point should any dog or handler be out of their depth/swimming in water, or tracking within water for any appreciable distance.

1. Each track must:
 - be a minimum of 600m (laid track)
 - include 2 articles, with one article placed before the water's edge, and one article at the end of the track after a water crossing.
 - include a minimum of 3 turns
 - be 45min old prior to beginning the track
 - be Blind to dog and handler
 - be laid in proximity to running water
 - include at least one water crossing of at least 1m edge-to-edge over running water of a depth no greater than the hock height of the dog (see Appendix C)
2. All tracks for the Water Award may be done via video submission, but optionally can be completed with a TrackStars™ Instructor or Scent and Track UK Assessor providing this is declared beforehand.
3. Teams, Helpers, and Tracklayers **must** consider the safety of the Team at all times. Always check that everyone is comfortable and familiar with the area chosen, and water tracks must not be completed alone. Water levels may change quickly and unpredictably; Teams, Helpers and Tracklayers must not take any risks around water that may endanger anyone involved with the track.

3.5 Cross Track Award

The qualifying Team must successfully complete 3 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 400m (laid track)
 - include 2 articles, placed at minimum 150m apart, with one at the end of the track
 - include a minimum of 3 turns
 - be 90mins old prior to beginning the track
 - be crossed by one Crosstrack
 - include at minimum one terrain change
 - be Blind to dog and handler
 - be on a Different Non-Household Scent
2. Each crosstrack must:
 - be at least 30mins old prior to beginning the laid track
 - be on a Different Non-Household Scent (Dog) for one assessment track

- be on a Different Non-Household Scent (Human) for two assessment tracks
- 3. At least one qualifying track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor
- 4. The Crosstrack Tracklayer should not be in the vicinity of any part of the laid track whilst the team is working

3.6 Scent Article Award

The qualifying Team must successfully complete 4 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 550m (laid track)
 - include 2 articles, placed at minimum 250m apart, with one at the end of the track
 - include a minimum of 3 turns
 - be 60min old prior to beginning the track
 - begin with the dog taking scent from a different scent item for each individual track, including one track which must begin with a contact odour only
 - begin at the in-situ scent item, eg. car seat, coat hanging on a hook, door handle, indented ground where tracklayer stood, dropped non-fabric item
 - not be started with a bagged scent item
 - include at minimum one terrain change
 - be Blind to dog and handler
 - be on a Different Non-Household Scent
2. The scent item should be clear on video submissions. If the handler believes a scent item is sufficiently different to a previously assessed track but may not visibly appear so on a video submission, a description and reasoning may be submitted prior to tracking so that Scent and Track UK can confirm whether it will meet criteria.
3. At least one qualifying track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor

3.7 1KM Award

The qualifying Team must successfully complete 3 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 1000m (laid track)
 - include 2 articles, placed at minimum 250m apart, with one at the end of the track
 - include a minimum of 5 turns
 - Be 60min old prior to beginning the track
 - Be Blind to dog and handler
 - Be laid in any environment or weather conditions
2. At least one track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor on a Different Non-Household Scent.

3.8 2KM Award

The qualifying Team must successfully complete 2 individual tracks to earn this Award.

1. Each track must:
 - be a minimum of 2000m (laid track)
 - include 2 articles, one article placed between 100-200m of the start, the other article at the end of the track
 - include a minimum of 5 turns
 - be 60min old prior to beginning the track
 - be Blind to dog and handler
 - be laid in any environment or weather conditions
2. At least one track must be completed with a TrackStars™ Instructor or Scent and Track UK Assessor on a Different Non-Household Scent.

3.9 3KM Award

The qualifying Team must successfully complete 1 individual track to earn this Award.

1. The track must:
 - be a minimum of 3000m (laid track)
 - include 2 articles, one article placed between 100-200m of the start, the other article at the end of the track
 - include a minimum of 5 turns
 - be 60min old prior to beginning the track
 - be Blind to dog and handler
 - be laid in any environment or weather conditions
2. All tracks for the 3KM Award may be done via video submission, but optionally can be completed with a TrackStars™ Instructor or Scent and Track UK Assessor, providing this is declared beforehand.

Last Revision: 22/12/2025

Please note Scent and Track UK reserve the right to revise, adapt, or edit these Rules & Regulations at any time, but will always be done at least once per annum. *It is the responsibility of individuals and Instructors to use the latest version of the Rules and Regulations.* Revisions will be indicated in red.

APPENDIX A

Glossary of Terms

ARTICLE	A small object carrying the Tracklayer's scent, left on the laid track to be indicated by the dog. Object material and size depend on criteria given by the level or award.
BLIND	Details and route of the laid track are unknown to the named persons and to the dog.
CONTACT ODOUR	Residual scent as a result of direct physical contact between a TrackLayer and an environmental object, eg. a door handle.
CROSSTRACK	A deliberately scent route laid by a person or animal intended as a distraction and not to be followed by the team.
DOUBLE BLIND	Details and route of the laid track are unknown to the named person's, the dog, the TrackStars™ Instructor, Scent and Track UK Assessor, and any spectators.
DIFFERENT SCENT	An alternative scent to the dog's usual Tracklayer, provided by a different person or animal.
DIFFERENT NON-HOUSEHOLD SCENT	An alternative scent to any person or animal currently residing in the same household as the Team.
HELPER	A person who accompanies the Team on the laid track to act as a spotter/to ensure the safety of the team.
HOUSEHOLD SCENT	A scent provided by a person or animal who resides in the same household as the Team.
INDICATION	A distinct, visible behaviour change from the dog that alerts the handler to the presence of an article.
INSTRUCTOR	TrackStars™ Instructors have completed the TrackStars™ Instructor course with Scent and Track UK.
LAID TRACK	A deliberate scent route laid by a person or animal.
MARKED JUNCTION	A visible crossroads or convergence of worn routes, such as footpaths crossing, or multiple gateways in a small area.
PHYSICAL BOUNDARY CROSSING	A permanent physical boundary that requires extra effort to cross, such as a wall crossing, closed gate, or footpath stile.
SCENT ITEM	An item carrying the scent of the Tracklayer that is presented to the dog at the start of a track to identify scent.
TEAM	The combination of one dog and one handler.
TRACKLAYER	The person or animal who deliberately laid a scent route.
WORKED TRACK	A route worked by the team following the laid track.

APPENDIX B: Video Submissions

Videos of a worked track may be submitted for assessment with supplementary evidence, where previously outlined. Video submissions are an optional alternative, as handlers may choose to complete all assessments in person.

1. Videos may be recorded using a bodycam on the handler, or by a helper following the Team.
2. Videos must show the full track up to rewarding the end of the track/final article.
3. Videos must be a single continuous video with no editing. Slides at the end of the footage may be included with additional information.
4. Videos must include audio where handler and helper can be heard.
5. A photograph of the articles used on the track must be included.
6. A Tracklayer can be used as a Helper unless Double Blind tracks are required.
7. A Tracking App must be used, providing a final map showing the laid track and the track as worked by the dog/handler team. The app-recording device must be on either the dog or handler.
8. Ensure laid track and worked track are different colours and clearly labelled.
9. Distance must be displayed for both laid and worked track.
10. Map must be in "Satellite" view.
11. Laid and worked track may be submitted individually alongside the overlay if this makes the required information clearer.
12. If submitting evidence of a Qualifying track for a specific Award, the terrain and/or conditions must be specified.
13. Evidence must be submitted no later than 6 weeks after the track date.
14. Instructors and Assessors will ensure all submitted video evidence is stored in accordance with GDPR.

The following information must also be included: Dog's Name, Handler Surname, TrackStars™ Team ID, the Level or Award for which evidence is being submitted, and the Date Attempted.

APPENDIX C: Water Depth for Water Award

Water depth must be **no higher** than the individual dog's hock when attempting a water crossing.



The hock is defined as the *calcaneus*, the bony protrusion at the top of the tarsal bone on the hind limb. The hock height should be approximated from when the dog is stood square with the tarsal bone perpendicular to the ground.

The approximation of hock height indicates a different water depth for each individual dog depending on their size, and should always be estimated conservatively for the safety of the team.

CORRECT MAXIMUM WATER DEPTH BASED ON HOCK HEIGHT	INCORRECT WATER DEPTH BASED ON HOCK HEIGHT
A black silhouette of a dog standing in water. The water level is indicated by blue wavy lines. A red arrow points to the hock of the dog's hind leg, which is at the same level as the water. The word 'HOCK' is written in red next to the arrow.	A black silhouette of a dog standing in water. The water level is indicated by blue wavy lines. A red arrow points to the hock of the dog's hind leg, which is at the same level as the water. The word 'HOCK' is written in red next to the arrow.